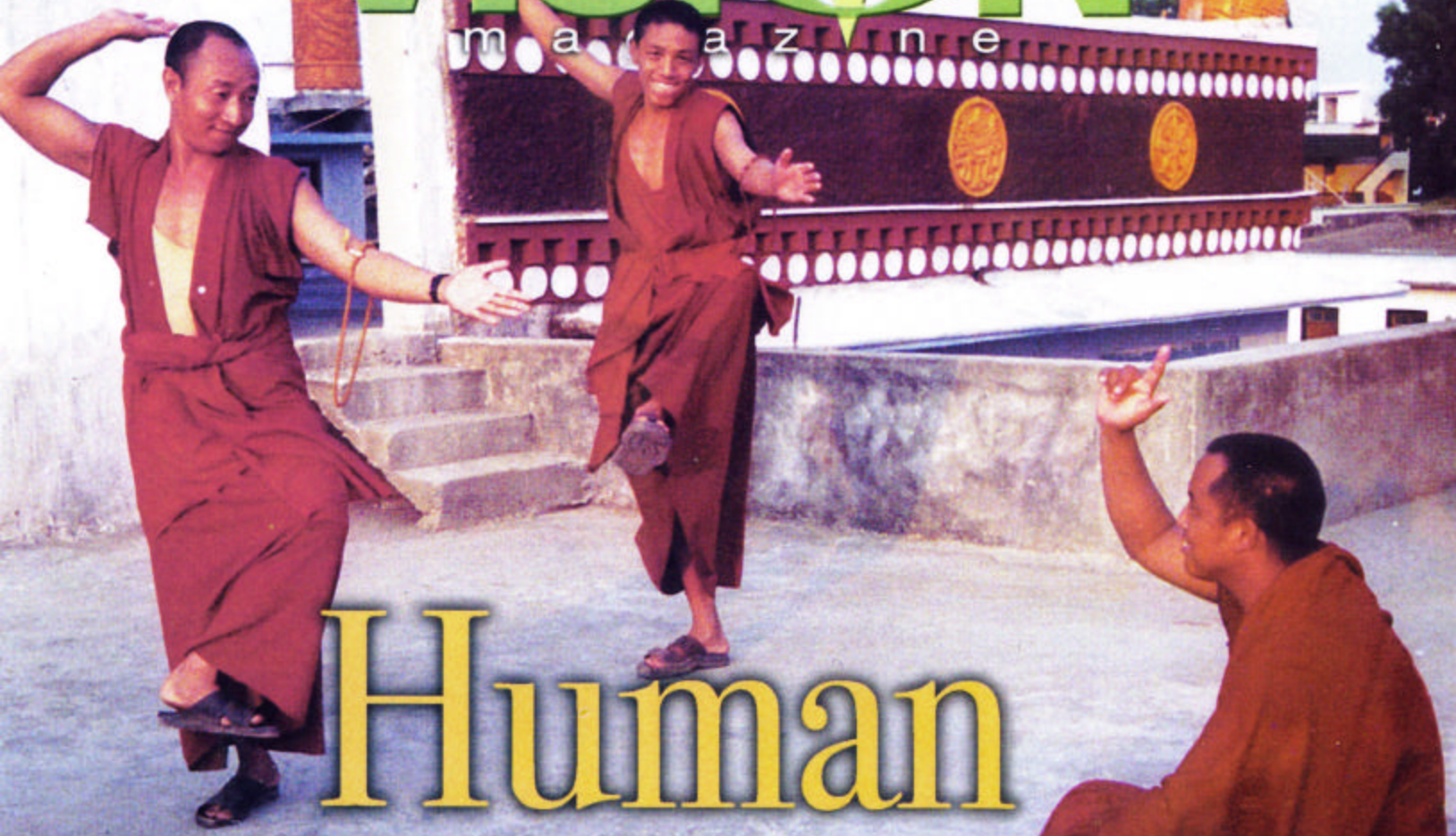


VISION

m a g a z i n e



Human



Grip For Yoga

When I first met Judy Alley, president of Sun Salutations, Inc., I thought she might be a motivational speaker. Bright, chipper, full of life and energy, she easily bent into downward dog to show off her fantastic invention: yoga grip gloves for your hands and feet. As she told me about her creations—carefully choosing and testing materials for breathability and comfort, modeling

the foot gloves after the split-toed Tabi socks of Japan in order to get them just right—I became curious. I decided to get a pair of each for my boyfriend first, let him test them, as he tends to sweat much more than I. Slipping and sliding during class has been one of his greatest frustrations, so our next Wednesday night class he took them to try. His practice was instantly transformed! He couldn't stop raving about them. Even our teacher mentioned how nice they looked and worked for him. Solid in his sun salutations, he no longer has to worry about sliding out of position; he gained new peace in not having to think about this common problem. I decide to try them for myself during a Bikram class, where everyone sweats a lot. Suffering through the heat I depended on the tiny bumps of rubber at the bottoms of the gloves to hold each position. Comfortable and cute, I felt like the avid professional in them. They also work well for the Pilates machine and with weights too. Less germs and a better grip; a smart product for the smart exerciser. Black, Beige and Sage for \$21.95 a pair. To order go to www.yogagripgloves.com or call 888/411-4747. -RL