

JULY 2005

**SUN-KISSED  
AND SEXY**

sizzling  
summer  
makeup

**CLEAN  
UP AND  
CASH IN!**

*7 Things  
you'll be  
happier  
without  
page 44*

ONLY  
**\$145**  
**Me** *for*  
love\*food\*home\*style\*you

**Flat Broke?**

**Save \$100  
this month**

**(no effort involved!)**

**FIX IT FAST!  
EASY EATS  
FOR AFTER WORK**



## Yoga Gloves

Since nothing's worse than falling on your face mid-pose, we firmly believe that every yogi needs to get a grip. **Sun Salutations' Yoga Grip Hand Gloves and Foot Gloves** are designed to help prevent slipping on mats (and really work!). The comfy cotton/Lycra, hypoallergenic gloves come in black, beige and sage (to match your cute, mat-friendly outfits). About \$20 a pair. Visit [www.yogagripgloves.com](http://www.yogagripgloves.com).